

**OPEN (do rocznika 2009)****Dystans 3000 m**

| Numer | Imię      | Nazwisko     | Płeć | Miasto           | Klub               | Czas     | Miejsce | Podpis |
|-------|-----------|--------------|------|------------------|--------------------|----------|---------|--------|
| 153   | Aldona    | Gwiaździńska | K    | Warszawa         |                    | 12:24,02 | 1       | 1      |
| 155   | Tetiana   | Ku7          | K    | Warszawa         |                    | 13:18,49 | 2       | 2      |
| 151   | Amelia    | Filipkowska  | K    | Pruszkow         |                    | 13:57,73 | 3       | 3      |
| 154   | Julia     | Jacyniewicz  | K    | Warszawa         |                    | 17:29,47 | 4       | 4      |
| 152   | BEATA     | FRONCZAK     | K    | WARSZAWA         |                    | 19:46,12 | 5       | 5      |
| 178   | Krzysztof | Lipka        | M    | Warszawa         | Pawko Runner Team  | 10:18,36 | 1       | 1      |
| 184   | Marcin    | Stachowicz   | M    | Warszawa         |                    | 10:21,09 | 2       | 2      |
| 30    | Rafał     | Szyborski    | M    | Warszawa         |                    | 10:39,92 | 3       | 3      |
| 180   | Michał    | Maciejowicz  | M    | Warszawa         | VegeRunners        | 10:47,19 | 4       | 4      |
| 16    | Szymon    | Walewski     | M    |                  |                    | 11:36,06 | 5       | 5      |
| 187   | Andrzej   | Wojtkiewicz  | M    | Kobyłka          | Zabiegany Wołomin  | 11:47,48 | 6       | 6      |
| 185   | Robert    | Ściuba       | M    | Warszawa         | KS ATLETA          | 11:57,02 | 7       | 7      |
| 183   | DOMINIK   | OMEN         | M    | Piastów          |                    | 12:04,93 | 8       | 8      |
| 190   | Igor      | Żarłok       | M    | Warszawa         | RKS Ursus Warszawa | 12:12,11 | 9       | 9      |
| 179   | Mariusz   | Lisowski     | M    | Warszawa         |                    | 12:35,96 | 10      | 10     |
| 170   | Michał    | Gwiaździński | M    | Piastów          |                    | 12:38,91 | 11      | 11     |
| 162   | Kamil     | Bączkowski   | M    | Warszawa         | Pawko Runner Team  | 12:49,73 | 12      | 12     |
| 172   | Tomasz    | Jarosz       | M    | Pniewy           | LKS Osuchów        | 13:03,32 | 13      | 13     |
| 181   | KRZYSZTOF | MIŁOSZ       | M    | WARSZAWA         | ZNIKAJĄCY PUNKT    | 13:06,80 | 14      | 14     |
| 175   | Paweł     | Krawczyk     | M    | Warszawa (Ursus) |                    | 13:19,21 | 15      | 15     |
| 196   | Wojciech  | Wróblewski   | M    | Wa               | RKS Ursus Warszawa | 13:23,41 | 16      | 16     |
| 188   | Łukasz    | Wróblewski   | M    | Warszawa         |                    | 13:59,12 | 17      | 17     |
| 182   | Tymo      | Neüff        | M    | Warszawa         |                    | 14:23,31 | 18      | 18     |
| 176   | PATRYK    | KUŹNICKI     | M    | Warszawa         | Bittner TEAM       | 14:34,69 | 19      | 19     |
| 165   | Dariusz   | Falatyn      | M    | Warszawa         | Atleta             | 14:37,43 | 20      | 20     |
| 164   | Gabriel   | Falatyn      | M    | Warszawa         | Atleta             | 15:00,29 | 21      | 21     |
| 171   | Artur     | Jacyniewicz  | M    | Warszawa         | PZU SPORT TEAM     | 15:17,88 | 22      | 22     |
| 167   | Sebastian | Fronczak     | M    | Warszawa         |                    | 16:57,30 | 23      | 23     |